

PEER BULLETIN

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THE LEARNING STAGES THAT TIE MENTORING, PEER ASSISTANCE AND COACHING TOGETHER

By Rey Carr



MERGING MENTORING AND COACHING

By Cathy Goddard



THE ROLE OF PEER SUPPORT IN MENTAL HEALTH RECOVERY

By The Mental Health Commission of Canada



MENTORS. PIP YOURSELF OUT OF THE MENTOR ROLE

By Hal Portner



WOMEN AS MENTORS: DOES SHE OR DOESN'T SHE?

By Stephanie Neal, Jazmine Boatman, and Linda Miller

PLUS A MILLENNIAL'S MANIFESTO; THE LATEST PRN DEMOGRAPHICS; A TRIBUTE TO THREE MENTORS & THEIR LEGACIES. AND NEWS ABOUT CHAMPIONS, NEW STUFF, CONFERENCES, FUNDING, A TRIP TO TECH MEMORIES, BOOKS NEEDING REVIEWERS, AND RESEARCH & RESOURCES

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Peer Resources

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Tweets sent to Peer Resources Network members with several key links to resources unavailable for the March *Peer Bulletin*.

THE RISING TIDE OF EVIDENCE-BASED COACH TRAINING PROGRAMS

VIKKI BROCK

(Editor's Note: Vikki Brock has graciously prepared a number of brief stories from her book: *The Sourcebook of Coaching History*. Each month during 2014, the *Peer Bulletin* will include one of these stories. Note: Links typically are for current work of group or individual.)

Until the early 2000s, much of coaching's knowledge base was produced by private coach training organizations and individual practitioners. Since then there has been a growing movement toward evidence-based coaching and a scholarly-practitioner foundation for the profession. As [Ronald M. Cervero](#) noted in 1992, the university-based model of research and training within most professions unites "the production of knowledge and the production of practitioners" into the same structure.

Continuing from last month's tidbit on the growth of coaching in Australia, yet another pioneer was Dr. Anthony (Tony) Grant, who graduated from the University of Sydney's Department of Psychology with a Doctorate in Psychology in 1998. His doctoral thesis, *Towards a Psychology of Coaching: The Impact of Coaching on Meta-cognition, Mental Health and Goal Attainment*, was one of the first to explicitly examine coaching psychology (Grant, 1998). He is both a practitioner and an academic. In January 2000, Grant established and became Director of the world's first Coaching Psychology Unit at the School of Psychology at the University of Sydney. Grant is the leading proponent and published researcher in evidence-based coaching, a term that was coined by his staff.

The European Mentoring and Coaching Council ([EMCC](#)) was the first evidence-based coaching and mentoring professional association, established in 1992 for mentoring only and expanding to include



coaching in 2001. Since the 2002 development of the coaching emphasis groups in both the British Psychological Society ([BPS-SGCP](#)) and the Australian Psychological Society ([APS-IGCP](#)), coaching psychology is developing a strong professional identity as more coaching psychology specific professional bodies emerge around Europe and Internationally. The International Society for Coaching Psychology ([ISCP](#)) was established in April 2008. The Graduate School Alliance for Executive Coaching ([GSAEC](#)) was formed in 2005 to support academic institutions in the United States. The Institute of Coaching Professional Association ([ICPA](#)) was formed in late 2009 at Harvard Medical School/McLean Hospital to build the scientific foundation of coaching.

Major universities began offering coaching certificates and degree programs in the late 1990s. As [Patrick Williams](#) notes, "options for credentials multiply as the world of higher education embraces coaching." The first coach certificate programs began in the United States in 1998 at George Washington University (and reportedly at George Mason University, although I was unable to verify this). The University of Sydney, Australia, was the first to offer a postgraduate degree in coaching psychology in 2000. These institutions were soon followed by other colleges and universities offering classes leading to certification and degrees in coaching and related fields. (For the most comprehensive list of such colleges and universities see Peer Resources' Coaching Directory of Coach Training Organizations [here](#).)



(This article is available as a PDF [here](#).)